Coverage for: Individual + Family | Plan Type: PPO

Leidos, Inc.: High PPO \$1,500

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, https://eoc.anthem.com/eocdps/aso. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call (833) 862-0756 to request a copy.

ooz or so to request a copy.					
Important Questions	Answers	Why This Matters:			
What is the overall	\$1,500/single or \$3,000/family for	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before			
deductible?	In-Network Providers.	this plan begins to pay. If you have other family members on the plan, each family member			
	\$1,500/single or \$3,000/family	must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid			
	for Out-of- <u>Network Providers</u> .	by all family members meets the overall family <u>deductible</u> .			
Are there services	Yes. Primary Care. Specialist Visit.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount.			
covered before you	Preventive Care. For more	But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u>			
meet your	information see below.	services without cost sharing and before you meet your deductible. See a list of covered			
deductible?		preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.			
Are there other	No.	You don't have to meet <u>deductibles</u> for specific services.			
<u>deductibles</u>					
for specific					
services?					
What is the out-of-	\$5,000/single or \$5,000/single on	The out-of-pocket limit is the most you could pay in a year for covered services. If you have			
pocket limit for this	family or \$10,000/family for In-	other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the			
plan?	Network Providers. \$7,500/single or	overall family <u>out-of-pocket limit</u> has been met.			
-	\$7,500/single on family or				
	\$15,000/family for Non-Network				
	<u>Providers</u> .				
What is not	Premiums, balance-billing charges,	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .			
included in the	and health care this				
out-of-pocket	<u>plan</u> doesn't cover.				
<u>limit</u> ?					

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://eoc.anthem.com/eocdps/aso.

Will you pay	Yes. BlueCard PPO. See	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u>
less if you use	www.anthem.com or call (833)	network. You will pay the most if you use an Out-of-Network provider, and you might receive
a <u>network</u>	862-0756 for a list of network	a bill from a provider for the difference between the provider's charge and what your plan
provider?	providers. Costs may vary by site	pays (balance billing). Be aware, your network provider might use an Out-of-Network
	of service and how the	Provider for some services (such as lab work). Check with your provider before you get
	provider bills.	services.

VA/LG/High PPO \$1,500/7E5N/01-25

Do you need a referral	No.	You can see the specialist you choose without a referral.
to see a specialist?		



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common	Services You May Need	What You	Limitations, Exceptions, &	
Medical Event		In- <u>Network Provider</u> (You will pay the least)	Out-of-Network Provider (You will pay the most)	Other Important Information
	Primary care visit to treat an injury or illness	\$15/visit, <u>deductible</u> does not apply	50% <u>coinsurance</u>	Virtual visits (Telehealth) benefits available.
If you visit a health care	<u>Specialist</u> visit	\$15/visit, <u>deductible</u> does not apply	50% <u>coinsurance</u>	Virtual visits (Telehealth) benefits available.
provider's office or clinic	Preventive care/screening/immunization	No charge	50% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Office: \$15/visit Outpatient: \$40/visit	50% <u>coinsurance</u> Limited to \$350 maximum /day	Deductible does Apply
	Imaging (CT/PET scans, MRIs)	Outpatient radiology center: 20% coinsurance Outpatient hospital: 30% coinsurance	50% <u>coinsurance</u> Limited to \$350 maximum/day	Deductible does Apply
If you need drugs to treat your illness or	Typically Generic (Tier 1)	Retail: \$15/prescription Mail: \$30/prescription	Retail: 25% <u>coinsurance</u> + \$15/prescription Mail: Not covered	Administered By Express Scripts Preauthorization is required for select drugs. Failure to obtain

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://eoc.anthem.com/eocdps/aso.

condition More information about prescription drug coverage is available at www.Express- scripts.com	Typically Preferred Brand (Tier 2) Typically Non-Preferred Brand and Generic drugs (Tier 3) Typically Preferred Specialty (brand and generic) (Tier 4)	Retail: \$30/prescription Mail: \$60/prescription Retail: \$50/prescription Mail: \$100/prescription Mail Service: 30% with \$400 maximum	Retail: 25% <u>coinsurance</u> + \$30/prescription Mail: Not covered Retail: 25% <u>coinsurance</u> + \$50/prescription Mail: Not covered Not Covered	preauthorization may result in nonpayment of benefits. Retail: Covers up to a 30-day supply; Members can also get an 84-90 day supply of certain maintenance medications at participating Walgreen Pharmacies for \$45 (G)/\$90 (PB)/\$150 (NPB) Mail Service: Covers up to 90-day supply. All specialty medications
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center) Physician/surgeon fees	Ambulatory Surgery Center: 10% coinsurance Outpatient Hospital - Surgery: 25% coinsurance 20% coinsurance	50% <u>coinsurance</u> \$350 maximum /day 50% <u>coinsurance</u>	must be received via mail servicenone
If you need immediate medical attention	Emergency	Emergency room services: \$150/visit plus 20% coinsurance Deductible does not apply Emergency room Physician services: 20% coinsurance Deductible does not apply	Covered as In- <u>Network</u>	If admitted to the Hospital, this payment for emergency room services does not apply. Instead, you pay the Participating Provider payment under Inpatient facility services/ Hospital services and stay.
	Emergency medical transportation	20% <u>coinsurance</u>	Covered as In- <u>Network</u>	This payment is for emergency or authorized transport.

Common		What You	Limitations, Exceptions, &	
Medical Event	Services You May Need	In-Network Provider	Out-of-Network Provider	Other Important Information
		(You will pay the least)	(You will pay the most)	
	Urgent care	\$15/visit, <u>deductible</u> does not apply	50% <u>coinsurance</u>	none
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>coinsurance</u>	50% <u>coinsurance</u> \$600 maximum /day	none
	Physician/surgeon fees	20% <u>coinsurance</u>	50% <u>coinsurance</u>	none

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://eoc.anthem.com/eocdps/aso.

If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visit \$15/visit, <u>deductible</u> does not apply Other Outpatient 0% <u>coinsurance</u>	Office Visit: 50% coinsurance Other Outpatient: 50% coinsurance Partial Hospitalization Program: 50% coinsurance \$350 maximum /day	Office Visit Virtual visits (Telehealth) benefits available.	
	Inpatient services	Physician: 0% <u>coinsurance</u> Facility services: 20% <u>coinsurance</u>	Physician: 50% coinsurance Facility services: 50% coinsurance \$600 maximum /day	none	
	Office visits	20% <u>coinsurance</u>	50% coinsurance	Maternity care may include tests	
If you are pregnant	Childbirth/delivery professional services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	and services described elsewhere in the SBC (i.e., ultrasound).	
pregnant	Childbirth/delivery facility services	20% <u>coinsurance</u>	Facility services: 50% coinsurance \$600 maximum/day		
If you need help recovering or have other special health needs	Home health care	20% <u>coinsurance</u>	Not covered	100 visits/benefit period for Home Health and Private Duty Nursing combined for In- Network Providers.	
	Rehabilitation services	\$15/visit, <u>deductible</u> does not apply	50% <u>coinsurance</u> \$350 maximum /day	Includes: Outpatient Physical Therapy, Occupational Therapy,	
	Habilitation services	\$15/visit, <u>deductible</u> does not apply	50% <u>coinsurance</u> \$350 maximum /day	Respiratory Therapy and Speech Therapy	
	Skilled nursing care	20% <u>coinsurance</u>	Freestanding: 20% coinsurance Hospital-based: 50% coinsurance \$600 maximum/day	100 days/member/benefit period for skilled nursing services and \$600 maximum/day for Out-of-Network Providers.	
	<u>Durable medical equipment</u>	20% <u>coinsurance</u>	50% <u>coinsurance</u>	none	
	Hospice services	No Charge	Not covered	none	
If your child	Children's eye exam	Not covered	Not covered		
needs dental or	Children's glasses	Not covered	Not covered	none	
eye care	Children's dental check-up Not covered		Not covered	none	

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://eoc.anthem.com/eocdps/aso.

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded services</u>.)

- Routine foot care unless you have been diagnosed with diabetes
- Infertility treatment

- Cosmetic surgery
- Routine eye care
- Long-term care

- Dental care
- Hearing Aids
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture 20 visits/member/benefit period
- Most coverage provided outside the United States. See <u>www.bcbsglobalcore.com</u>
- Bariatric surgery (In-Network)
- Private-duty nursing 100 visits/benefit period combined with Home health (In-Network)
- Chiropractic care 20 visits/member/benefit period

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Virginia Bureau of Insurance, 1300 East Main Street, P. O. Box 1157, Richmond, VA 23218, (800) 552-7945, Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), www.dol.gov/ebsa/healthreform, or contact Anthem at the number on the back of your ID card. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

ATTN: Grievance and Appeals, P. O. Box 105568 Atlanta, GA 30348-5568

Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), www.dol.gov/ebsa/healthreform

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal ca hospital delivery)	re and a	Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
■ The plan's overall deductible\$1,500■ Specialist copayment\$15■ Hospital (facility) coinsurance20%■ Other copayment\$15		 The plan's overall deductible Specialist copayment Hospital (facility) coinsurance Other copayment 	\$1,500 \$15 20% \$15	 The plan's overall deductible Specialist copayment Hospital (facility) coinsurance Other copayment 	\$1,500 \$15 20% \$15
This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)		This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)		This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay: <u>Cost Sharing</u>		In this example, Mia would pay: Cost Sharing	
Cost Sharing		Deductibles \$900		Deductibles	\$1,500
<u>Deductibles</u>	\$1,500	Copayments	\$700	Copayments	\$200
<u>Copayments</u>	\$200	<u>Coinsurance</u>	\$0	Coinsurance	\$80
Coinsurance \$2,000		What isn't covered		What isn't covered	
What isn't covered		Limits or exclusions	\$20	Limits or exclusions	\$10
Limits or exclusions \$60		The total Joe would pay is	\$1,620	The total Mia would pay is	\$1,780
The total Peg would pay is \$3,760					

(TTY/TDD: 711)

Albanian (Shqip): Nëse keni pyetje në lidhje me këtë dokument, keni të drejtë të merrni falas ndihmë dhe informacion në gjuhën tuaj. Për të kontaktuar me një përkthyes, telefononi (833) 862-0756

Arabic (العربية): إذا كان لديك أي استفسارات بشأن هذا المستند، فيحق لك الحصول على المساعدة والمعلومات بلغتك دون مقابل. للتحدث إلى مترجم، اتصل على 862-0756 (833).

Armenian (hայերեն). Եթե այս փաստաթղթի հետ կապված հարցեր ունեք, դուք իրավունք ունեք անվճար ստանալ օգնություն և տեղեկատվություն ձեր լեզվով։ Թարգմանչի հետ խոսելու համար զանգահարեք հետևյալ հեռախոսահամարով՝ (833) 862-0756։

Bassa (Băsố) Wùdù): M dyi dyi-diè-dè bě bédé bá céè-dè nìà ke dyí ní, ɔ mò nì dyí-bèdèìn-dè bé m ké gbo-kpá-kpá kè bỗ kpố dé m bídí-wùdùǔn bó pídyi. Bé m ké wudu-zììn-nyò dò gbo wùdù ke, dá (833) 862-0756.

Bengali (বাংলা): যদি এই লখিপত্রের বিষয়ে আপলার কোলো প্রশ্ন খাকে, তাংলে আপলার ভাষায় বিলামূল্য সাহায্য পাওয়ার ও তথ্য পাওয়ার অধিকার আপলার আছে। একজন দোভাষীর সাথে কথা ব্লার জন্য (৪৪৪) ৪62-0756 –তে কল করুল।

Burmese **(မြန်မာ):** ဤစာရွက်စာတမ်းနှင့် ပတ်သက်၍ သင့်တွင် မေးမြန်းလိုသည်များရှိပါက အချက်အလက်များနှင့် အကူအညီကို အခကြေးငွေ ပေးစရာမလိုပဲ သင့်ဘာသာစကားဖြင့် ရယူနိုင်ခွင့် သင့်တွင် ရှိပါသည်။ စကားပြန် တစ်ဦးနှင့် စကားပြောနိုင်ရန် ဖု (833) 862-0756 သို့ ခေါ် ဆိုပါ။

Chinese (中文): 如果您對本文件有任何疑問,您有權使用您的語言免費獲得協助和資訊。如需與譯員通話,請致電(833) 862-0756。

Dinka (Dinka): Na noŋ thiëëc në ke de ya thorë, ke yin noŋ loŋ bë yi kuony ku wɛr alëu bë gεεr yic yin ne thoŋ du ke cin wëu taauë ke piny. Te kor yin ba jam wënë ran ye thok geryic, ke yin col (833) 862-0756.

Dutch (Nederlands): Bij vragen over dit document hebt u recht op hulp en informatie in uw taal zonder bijkomende kosten. Als u een tolk wilt spreken, belt u (833) 862-0756.

French (Français): Si vous avez des questions sur ce document, vous avez la possibilité d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour parler à un interprète, appelez le (833) 862-0756.

German (Deutsch): Wenn Sie Fragen zu diesem Dokument haben, haben Sie Anspruch auf kostenfreie Hilfe und Information in Ihrer Sprache. Um mit einem Dolmetscher zu sprechen, bitte wählen Sie (833) 862-0756.

Greek (Ελληνικά) Αν έχετε τυχόν απορίες σχετικά με το παρόν έγγραφο, έχετε το δικαίωμα να λάβετε βοήθεια και πληροφορίες στη γλώσσα σας δωρεάν. Για να μιλήσετε με κάποιον διερμηνέα, τηλεφωνήστε στο (833) 862-0756.

Gujarati (**ગુજરાતી):** જો આ દસ્તાવેજ અંગે આપને કોઈપણ પ્રશ્નો હોય તો, કોઈપણ ખર્ધ વગર આપની ભાષામાં મદદ અને માહહતી મેળવવાનો તમને અહિકાર છે. દુભાહષયા સાથે વાત કરવા માટે, કોલ કરો (833) 862-0756.

Haitian Creole (Kreyòl Ayisyen): Si ou gen nenpòt kesyon sou dokiman sa a, ou gen dwa pou jwenn èd ak enfòmasyon nan lang ou gratis. Pou pale ak yon entèprèt, rele (833) 862-0756.

Hindi (हिंदी): अगर आपके पास इस दस्तावेज़ के बारे में कोई प्रश्न हैं, तो आपको निःशुल्क अपनी भाषा में मदद और जानकारी प्राप्त करने का अधिकार है। दुभाषिये से बात करने के लिए, कॉल करें(833) 862-0756

Hmong (White Hmong): Yog tias koj muaj lus nug dab tsi ntsig txog daim ntawv no, koj muaj cai tau txais kev pab thiab lus qhia hais ua koj hom lus yam tsim xam tus nqi. Txhawm rau tham nrog tus neeg txhais lus, hu xov tooj rau (833) 862-0756.

Igbo (Igbo): O bụr ụ na ị nwere ajujụ o bụla gbasara akwukwo a, ị nwere ikike inweta enyemaka na ozi n'asusu gi na akwughi ugwo o bụla. Ka gi na okowa okwu kwuo okwu, kpọọ (833) 862-0756.

Ilokano (**Ilokano**): Nu addaan ka iti aniaman a saludsod panggep iti daytoy a dokumento, adda karbengam a makaala ti tulong ken impormasyon babaen ti lenguahem nga awan ti bayad na. Tapno makatungtong ti maysa nga tagipatarus, awagan ti (833) 862-0756.

Indonesian (Bahasa Indonesia): Jika Anda memiliki pertanyaan mengenai dokumen ini, Anda memiliki hak untuk mendapatkan bantuan dan informasi dalam bahasa Anda tanpa biaya. Untuk berbicara dengan interpreter kami, hubungi (833) 862-0756.

Italian (Italiano): In caso di eventuali domande sul presente documento, ha il diritto di ricevere assistenza e informazioni nella sua lingua senza alcun costo aggiuntivo. Per parlare con un interprete, chiami il numero (833) 862-0756

Japanese (日本語): この文書についてなにかご不明な点があれば、あなたにはあなたの言語で無料で支援を受け情報を得る権利があります。通訳と話すには (833) 862-0756 にお電話ください。

Khmer (ខ្មែរ)៖ បើអ្នកមានសំណួរផ្សេងទៀតអំពីឯកសារនេះ អ្នកមានសិទ្ធិទទួលជំនួយនិងព័ត៌មានជាភាសារបស់អ្នកដោយឥតគិតថ្លៃ។ ដើម្បីជជែកជាមួយអ្នកបកប្រែ សូមហៅ(833) 862-0756

Kirundi (Kirundi): Ugize ikibazo ico arico cose kuri iyi nyandiko, ufise uburenganzira bwo kuronka ubufasha mu rurimi rwawe ata giciro. Kugira uvugishe umusemuzi, akura (833) 862-0756.

Korean (한국어): 본 문서에 대해 어떠한 문의사항이라도 있을 경우, 귀하에게는 귀하가 사용하는 언어로 무료 도움 및 정보를 얻을 권리가 있습니다. 통역사와 이야기하려면(833) 862-0756 로 문의하십시오.

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